



*Shri Shivaji Education Society Amravati's*  
**Jijamata Mahavidyalaya, Buldana**

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**BEST PRACTICE -2**  
**RAKTDAN FOR HINDISTAN**

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**RAKTDAN FOR HINDISTAN**

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SHIVAJI EDUCATION SOCIETY, AMRAVATI'S

**JIJAMATA MAHAVIDYALAYA, BULDHANA**



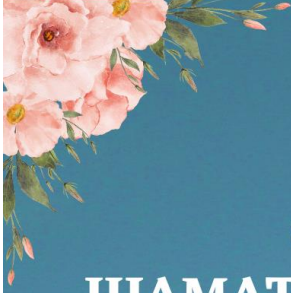
# रक्तदान FOR हिंदुस्तान

**THE FAMILY OF BLOOD DONORS**

A GIFT STRAIGHT FROM HEART.



An Initiative of Jijamata Mahavidyalaya, Buldhana



SHIVAJI EDUCATION SOCIETY, AMRAVATI'S  
**JIJAMATA MAHAVIDYALAYA, BULDHANA**



**रक्तदान**  
FOR  
**हिंदुस्तान**

**THE FAMILY OF BLOOD DONORS**  
A GIFT STRAIGHT FROM HEART.



**CONTACT DETAILS**

**CONTACT NO.**

**07263 255332**

**ADDRESS:**

**GENERAL HOSPITAL SHEGAON RAOD, KHAMGAON**  
**DISTRICT: BULDHANA**



**An Initiative of Jijamata Mahavidyalaya, Buldhana**

## Blood Donation Society

Sr. No.	Name of Member	Designation	Contact No.
1.	Dr. Prashant P. Kothe	Principal	9822461416
2.	Mr. Subodh N. Chinchole	IQAC Coordinator	9421394023
3.	Dr. Bharat S. Jadhao	I/C Physical Director	9022731309
4.	Mr. Pavan R. Thakare	N.C.C.C.T.O	8329641742
5.	Dr. Dnyanoba J. Kande	N. S. S. Officer	8605356851
6.	Dr. Shriram K. Yerankar	Head, Faculty of Arts	9423722316
7.	Dr. Suresh N. Gawai	Head, Faculty of Commerce	8329558110
8.	Dr. Vandana R. Kakde	Head, Faculty of Science	8999265718
9.	Mr. Gajanan M. Lohate	Assistant Professor (Music)	9028340027
10.	Dr. Rahul W. Ukey	Assistant Professor (Botany)	8788405773
11.	Mr. Nitin Nandu Shimpne (JUO)	Student Representative (Boys)	9373406384
12.	Ku. Kavita Gajanan Padol (JUO)	Student Representative (Girls)	9921173900

## **Objectives of the Practice:**

Raktdan for Hindustan, a unique activity by the NCC & NSS units of the institution promotes blood donation on large scale. The initiative of the college to provide voluntary blood donors mainly focused on the urgent need of the society and responsible citizenship. The major objectives are:

- To inculcate the value of contribution in social and National service by donating blood.
- To increase the awareness on blood donation by providing scientific knowledge.
- Remove myths and wrong concepts about Blood Donation
- To develop a pool of youngsters that can be available at the time of medical emergency.

## **The Context:**

In our Country, there exists a considerable gap between availability and demand for blood. In most of situations, valuable human lives cannot be saved due to unavailability of blood or blood donors. Blood donors save lives and requirement of blood donors has been increasing day by day. Our college NCC & NSS unit in collaboration with Government Hospital, Buldana and various private Blood Banks supports voluntary blood donation. Regular donors are the basis of a safe and sustainable distribution system of blood. The external blood supply is urgently needed in major medical surgeries as well as accidents and other trauma conditions. 'There is no alternative to the natural blood' is the universal truth that we experience every day. Always, there is a deficit between blood collection and demand, irrespective of geography, prosperity and population size.

## **The Practice:**

The institution organizes blood donation camps along with blood grouping for all the stakeholders. NCC & NSS units of our college organize blood donation camp in the campus in association with the Blood Bank, Government Hospital, Buldana. The Blood Banks are invited during the year with prior approval to organize the camps. They provide all the facilities to organize the camp and provide refreshments and other medical facilities needed by the donors.

The blood donation camp has multiple objectives like creating awareness about blood components, their functions, effects on health due to deficiency etc. Therefore, expert guidance and sensitization sessions are arranged to guide students on these issues. Special sessions of counseling are organized for girl students about health, hygiene and diets to cop up with common deficiencies and anemia.

Blood Group detection is also one of the aims of these camps. In the camp the students are asked to check their Blood Groups and those who are fit to donate blood voluntarily, are permitted to donate blood without any monetary compensation.

The Committee for this practice coordinates the camps organization, communication and facilitates the needy to get required blood through a well designed mechanism. The contact details of the committee are provided on the institutional website and also circulated among stakeholders. The needy patients or

their relatives approach the committee members who in turn provide them either Blood Donor's Cards or in some situations communicate the donors.

The activity is gracefully conducted with voluntary participation of student-teacher community. Staff members, alumni members also participate and donate blood voluntarily from time to time. The affiliating University has encouraged this noble activity by providing benefit of 02 incentive marks for the students.

### **Evidence of Success:**

The accrued benefits of the activity include:

1. It becomes an effective input source of blood for blood banks.
2. Students become more aware and understand the significance of 'blood donation'
3. The group activity removes fear and motivates new students to become a proud blood donor.
4. Student phase is the correct age to practice blood donation. It is more difficult to force/motivate elder ones into the act. The elder ones have many reasons to avoid blood donation.
5. The initiative of the NCC and NSS units is thus unique and novel, it promotes 'voluntary blood donors'.
6. Increasing response to this activity and participation of students considered as the 'evidence of successes' of this practice.
7. Satisfied and overwhelmed reactions of the patients and their relatives are invaluable gifts for the blood donors.
8. The practice inculcates patriotism and social responsibility in the youths hence 'Raktdan for Hindustan' is justified.

### **Problems Encountered and Resources Required:**

- Lack of awareness about the need of blood donation and its importance.
- Apathy exists among majority of population till the person meets a medical emergency.
- Myths and wrong perceptions about the blood donations.
- Fear about the post blood donation effects.

## Guidelines

### **INSTRUCTIONS BEFORE BLOOD DONATION**

- Any healthy adult male and female can donate blood.
- Age of blood donors should be between 18-60 years.
- Weight required for male is above 45 kgs. and for females preferably above 50 kgs.
- Minimum gap between two blood donations should be 3 months for males and 4 months for females.
- You should not have suffered from any illness in last 7 days like Cough, Cold and Fever etc.
- Do not donate blood on empty stomach. Before blood donation take light breakfast within last 4 hours. Drink plenty of fluids i.e. Water, Juice etc.
- Avoid consumption of alcohol, smoking and chewing tobacco 6 hours prior and after blood donation.
- Truthfully answer the questions while fillup the form before blood donation and do share your medical history.
- Wear comfortable clothes. Take sufficient sleep.
- Doctors will check your weight, hemoglobin, medical fitness and blood pressure, if you qualify for the same you will be able to donate the blood.
- We expect healthy and safe blood from blood donors.



## **INSTRUCTIONS AFTER BLOOD DONATION**

- ❖ After blood donation do not get up immediately from the bed. Relax for at least 15 minutes.
- ❖ Kindly press the cotton bud kept on the injected place after removals the needle.
- ❖ After 5 minutes blood bank technician will remove the cotton bud and they will apply bandage on the injected place.
- ❖ Drink more liquids i.e. water, juice etc.
- ❖ It is necessary to take refreshments (tea, coffee, biscuits) after blood donation.
- ❖ Avoid consumption of alcohol, smoking and chewing tobacco 6 hrs. after blood donation.
- ❖ Remove the bandage after 6 hrs.
- ❖ Avoid playing vigorous games like cricket, weight lifting or any adventurous sports or heavy vehicle drives for 24 hrs. after blood donation.
- ❖ Contact blood bank in case of any discomfort.
- ❖ After 3 months for male and 4 months for females is safe to make blood donation

## Blood Donor's Card

**सामायिक स्वैच्छिक रक्तदान कार्ड**  
(रक्तपेढी बाबत माहिती)

रक्तपेढीचे नाव व पत्ता : \_\_\_\_\_



Unique I.D. No. \_\_\_\_\_

रक्तपेढी दूरध्वनी क्र. : 07262-245600  
पी.आर.ओ. Km.S.Mesheram

**रक्तदाता माहिती**

रक्तदात्याचे नाव : रतन शौलम  
मोन्डवे

रक्तदाता : स्त्री / पुरुष  
पत्ता : फ. डोंगर खांडावा

रक्तगट : 0+ve

रक्तपिशवी क्र. : 1458

रक्तदान केल्याचे दिनांक : 14/7/21

शिबीर आयोजकाचे नाव : \_\_\_\_\_  
दूरध्वनी क्र. (रक्तदाता) : Paul  
**Blood Bank Officer**  
General Hospital, Buldana

**सामायिक स्वैच्छिक रक्तदान कार्ड**  
(रक्तपेढी बाबत माहिती)

रक्तपेढीचे नाव व पत्ता : \_\_\_\_\_



Unique I.D. No. \_\_\_\_\_

रक्तपेढी दूरध्वनी क्र. : 07262-245600  
पी.आर.ओ. Km.S.Mesheram

**रक्तदाता माहिती**

रक्तदात्याचे नाव : दिनेश विजय  
खांडे

रक्तदाता : स्त्री / पुरुष  
पत्ता : अमडापुर

रक्तगट : A+ve

रक्तपिशवी क्र. : 1474

रक्तदान केल्याचे दिनांक : 14/7/21

शिबीर आयोजकाचे नाव : \_\_\_\_\_  
दूरध्वनी क्र. (रक्तदाता) : Paul  
**Blood Bank Officer**  
General Hospital, Buldana

**सामायिक स्वैच्छिक रक्तदान कार्ड**  
(रक्तपेढी बाबत माहिती)

रक्तपेढीचे नाव व पत्ता : \_\_\_\_\_



Unique I.D. No. \_\_\_\_\_

रक्तपेढी दूरध्वनी क्र. : 07262-245600

**रक्तदाता माहिती**

रक्तदात्याचे नाव : वसंत समाधान  
शेळके

रक्तदाता : स्त्री / पुरुष  
पत्ता : तराखेड

रक्तगट : 0+ve

रक्तपिशवी क्र. : 1478

रक्तदान केल्याचे दिनांक : 14/7/21

शिबीर आयोजकाचे नाव : \_\_\_\_\_  
दूरध्वनी क्र. (रक्तदाता) : Paul  
**Blood Bank Officer**  
General Hospital, Buldana

**सामायिक स्वैच्छिक रक्तदान कार्ड**  
(रक्तपेढी बाबत माहिती)

रक्तपेढीचे नाव व पत्ता : \_\_\_\_\_



Unique I.D. No. \_\_\_\_\_

रक्तपेढी दूरध्वनी क्र. : 07262-245600

**रक्तदाता माहिती**

रक्तदात्याचे नाव : विजयकुमार  
लालजी थपल

रक्तदाता : स्त्री / पुरुष  
पत्ता : तहसील रोड  
कुल्डा 10/11

रक्तगट : AB+ve

रक्तपिशवी क्र. : 1469

रक्तदान केल्याचे दिनांक : 14/7/21

शिबीर आयोजकाचे नाव : \_\_\_\_\_  
दूरध्वनी क्र. (रक्तदाता) : Paul  
**Blood Bank Officer**  
General Hospital, Buldana

**सामायिक स्वैच्छिक रक्तदान कार्ड**  
(रक्तपेढी बाबत माहिती)

रक्तपेढीचे नाव व पत्ता : \_\_\_\_\_



Unique I.D. No. \_\_\_\_\_

रक्तपेढी दूरध्वनी क्र. : 07262-245600  
पी.आर.ओ. Km.S.Mesheram

**रक्तदाता माहिती**

रक्तदात्याचे नाव : गणेश भागवत  
जाधव

रक्तदाता : स्त्री / पुरुष  
पत्ता : देमळेवाट

रक्तगट : 0+ve

रक्तपिशवी क्र. : 1487

रक्तदान केल्याचे दिनांक : 14/7/21

शिबीर आयोजकाचे नाव : \_\_\_\_\_  
दूरध्वनी क्र. (रक्तदाता) : Paul  
**Blood Bank Officer**  
General Hospital, Buldana

**सामायिक स्वैच्छिक रक्तदान कार्ड**  
(रक्तपेढी बाबत माहिती)

रक्तपेढीचे नाव व पत्ता : \_\_\_\_\_



Unique I.D. No. \_\_\_\_\_

रक्तपेढी दूरध्वनी क्र. : 07262-245600  
पी.आर.ओ. Km.S.Mesheram

**रक्तदाता माहिती**

रक्तदात्याचे नाव : गणेश विठ्ठल  
भायडे

रक्तदाता : स्त्री / पुरुष  
पत्ता : नामदास

रक्तगट : 0+ve

रक्तपिशवी क्र. : 1477

रक्तदान केल्याचे दिनांक : 14/7/21

शिबीर आयोजकाचे नाव : \_\_\_\_\_  
दूरध्वनी क्र. (रक्तदाता) : \_\_\_\_\_  
**Blood Bank Officer**  
General Hospital, Buldana

## Blood Donation Camp and Awareness Programme



Shri Shivaji Education Society, Amravati  
**Jijamata Mahavidyalaya, Buldhana**  
Internal Quality Assurance Cell (IQAC)



### Activity Report 2022-23

Faculty :

Department : NCC

Committee :

**IQAC Activity No.: A.Y.2022-2023//Supported facility/NCC, Music & Physical Education)**

(Ex.- 2022-23 / Arts / Commerce / Science / Department / Committee / Criterion/ Activity No..)

<b>Name of Activity</b>	: Blood Donation Awareness programme-13/09/2023		
<b>Date</b>	: 13 Sept 2023, Tuesday	<b>Time</b>	: 10:00 AM
<b>Faculty</b>	: Interdisciplinary	<b>Department / Committee</b>	: NCC, NSs Music & Physical Education
<b>Venue</b>	: Jijamata Mahavidyalaya, Buldhana	<b>No. of Participants</b>	: 22
<b>Head / In-charge</b>	: Dr. D.J. Kande Mr. G. M. Lohate	<b>Assistant In-charge</b>	: Mr. P.R. Thakare

#### Brief Information about the Activity

<b>Topic of Activity</b>	<b>Blood Donation Awareness programme-13/09/2023</b>
<b>Objectives</b>	Blood donation awareness programme inculcate in cadets as patriotic duty. Blood donation enhanced social relations among citizens. Cadets if donated blood to the needy patients, national work is to be done by the hands of NCC Cadets.
<b>Methodology</b>	tion awareness programme 13/09/2022 has been taken place offline.
<b>Mode (Online/Offline)</b>	offline
<b>Outcomes</b>	1. Students become more aware and understand the significance motivates new students to become a proud blood donor. 2. The group activity removes fear and motivates new students. 3. Students of the college got importance about blood donation.



**Proofs & Documents Attached (Tick ✓)**

Permission Letter	✓	List of Participants	✓	Activity Report	✓
Photos (Geo-tag)	✓	Feedback Form		Feedback Analysis	
News Clip with Details		Certificate		Soft Copy	✓
Notice	✓	Any other			

IQAC Remark: .....



**Mr. G. M. Lohate**  
Head / In-charge  
Name & Sign



**Prof. Subodh N. Chinchole**  
IQAC Coordinator

Coordinator  
IQAC  
Jijamata Mahavidyalaya  
Buldana 443101



**Dr. Prashant P. Kothe**  
Principal

Principal  
Jijamata Mahavidyalaya  
Buldana





SHRI SHIVAJI EDUCATION SOCIETY, AMRAVATI  
**JIJAMATA MAHAVIDYALAYA, BULDANA**  
Internal Quality Assurance Cell (IQAC)



**NOTICE**

Blood Donation Awareness Programme  
13/09/2022

Date: 12/9/2023

All the students and NCC,NSS and physical educationcadets are hereby informed that Blood donation awareness programme is to be held on 13 Sept 2022 in ourcollege JijamataMahavidyalaya, Buldhana. So, all concerned should remain present for the same.

Date: 12/9/2022, Monday

Time: 10:00 A.M.

Venue: JijamataMaha.Buldhana

Mr. P.R. Thakare  
(CTO, NCC)

JijamataMaha, Buldhana  
N. C. C. Officer  
Jijamata Mahavidyalaya  
Buldhana.

Prof. G. M. Lohate  
H.O.D.  
Dept. of Music

Dr. B.S. Jadhao (IC)  
Director of Physical Education  
JijamataMaha.Buldhana



SHRI SHIVAJI EDUCATION SOCIETY, AMBEGAON  
**JIAMATA MAHAVIDYALAYA, BULDHANA**  
**NATIONAL CADET CORPS**  
**Blood Donation Awareness Programme**  
**13 September 2022**  
**REPORT**

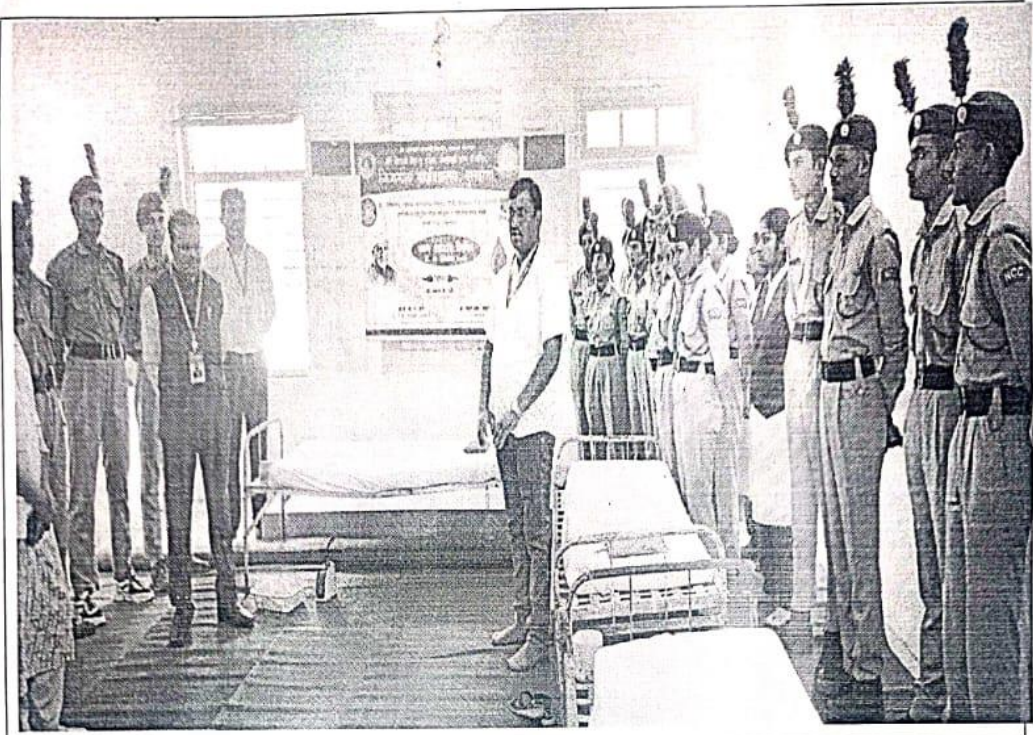
NCC Unit, NSS, Physical education organized Blood donation awareness programme on the occasion of National Blood donation day at our college JijamataMahavidyalaya, Buldhana. This awareness programme was held on 13 September 2022, Tuesday. Principal Dr. P. P. Kothre expresses their suggestive views to the presented NCC cadets to donate blood more in number bags. NCC cadets got importance and awareness about Blood donation activity for every time with them. There are 22 participants presented for such awareness programme. Dr. B.S. Jadhav, Dr. D.J. Kande, Mr. P. R. Thakare, Mr. G. M. Lohare took more efforts to successfully this programme.

**Photographs of the Activity**



NCC Cadets are enthusiastically presented for Blood donation Awareness programme





Principal Dr. P.P. Kothe, Dr. D.J. Kande (NSS) Mr. P.R. Thakare (NCC CTO) express their valuable awareness views on blood donation awareness programme on dated 13 September 2022



SHRI SHIVAJI EDUCATION SOCIETY, AMRAVTI'S  
JIJAMATA MAHAVIDYALAYA, BULDHANA  
NATIONAL CADET CORPS  
**Blood Donation Awareness Programme**  
13 September 2022  
Participants List

Sr.No.	Name of Participants	Designation
1.	Dr. B.S. Jadhao	I/c Director, Physical Education
2.	Dr. D.J. Kande	NSS Coordinator
3.	Mr. P. R. Thakare	NCC Coordinator
4.	Mr. G. M. Lohate	Teacher
5.	CDT. Vaishnavi N. Ingle	Student
6.	CDT. Vaibhav G. Gaikwad	Student
7.	CDT. Avinash N. Rathod	Student
8.	CDT. Pratiksha G. Gore	Student
9.	CDT. Jayshri K. Bhorkhade	Student
10.	CDT. Divya P. Kakde	Student
11.	CDT. Dipali S. Misal	Student
12.	CDT. Disha Rajput	Student
13.	CDT. RuchaKawal	Student
14.	CDT. Kalyani R. Jadhao	Student
15.	CDT. Roshani P. Jadhao	Student
16.	CDT. NehaK.Pandit	Student
17.	CDT. DipaliJadhao	Student
18.	CDT. DarshanChavan	Student
19.	CDT. PranavNarwade	Student
20.	CDT. NileshUbarhande	Student
21.	CDT. Rahul Kakde	Student
22.	Ku. Nikita Fasle	Student



  
Principal  
Jijamata Mahavidyalaya  
Buldana